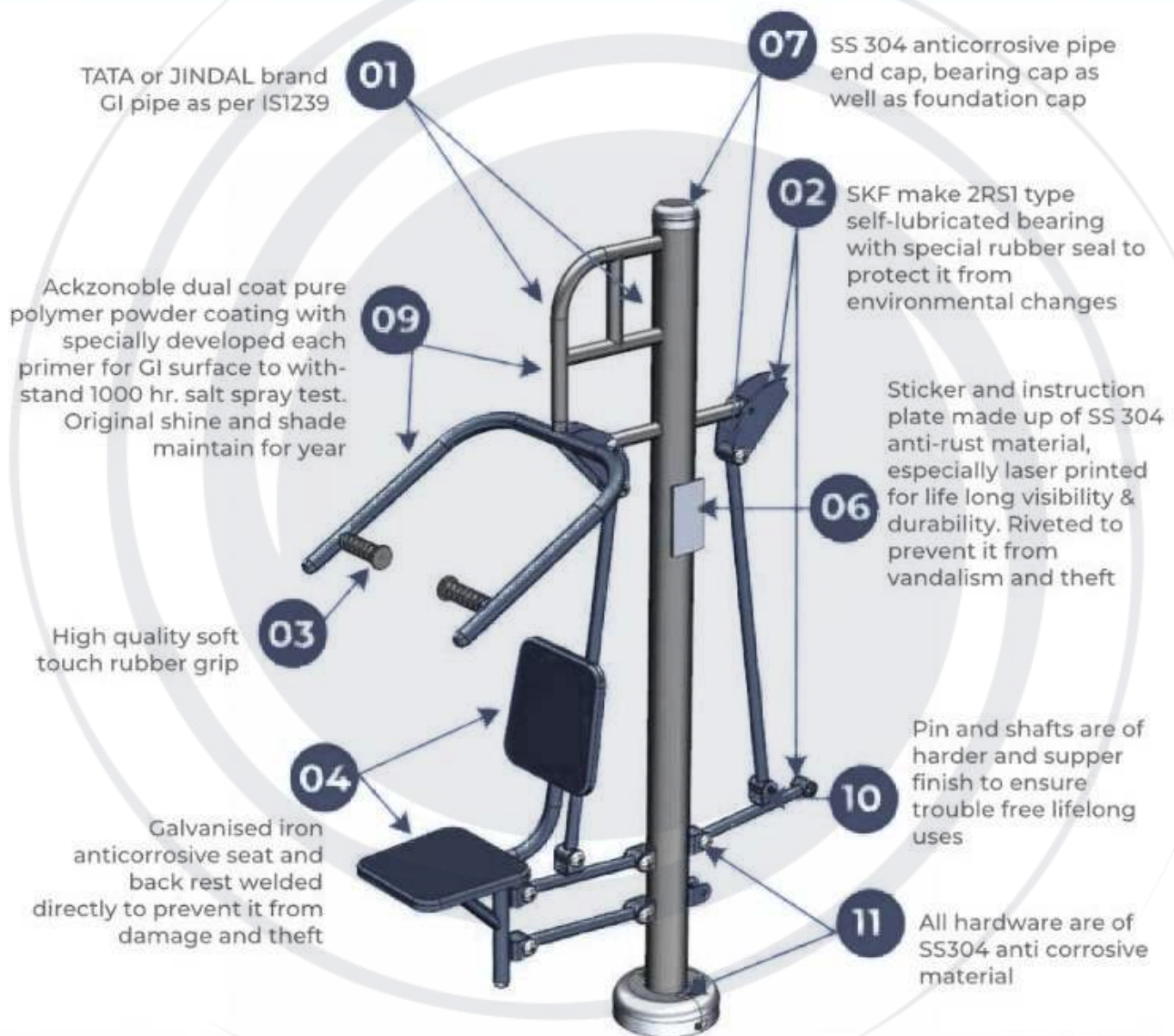


OPEN GYM
CATALOGUE

HelixiusTM



The background of the image features a series of concentric circles in a light gray color, centered on a white background. The circles are of varying diameters, creating a sense of depth and focus towards the center.

PRIME SERIES

OGP-01 AIR WALKER



Product Area
3'6" x 1'3" x 4'3"



OGP-02 CHEST PRESS



Product Area
3'4" x 2'3" x 7'2"



OGP-03 SEATED PULLER



Product Area
3'2" x 2'3" x 7'2"



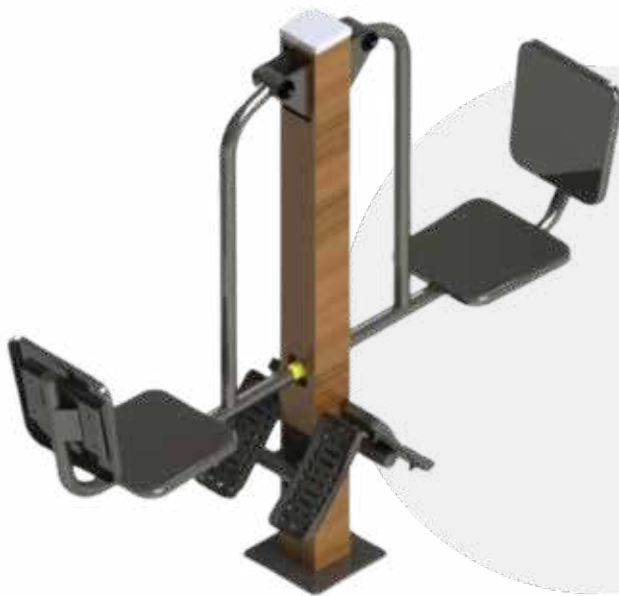
OGP-04 SHOULDER BUILDER



Product Area
3'2" x 1'6" x 6'1"



OGP-05 LEG PRESS



Product Area
3' x 1'3" x 5'1"



OGP-06 SIT UP BOARD



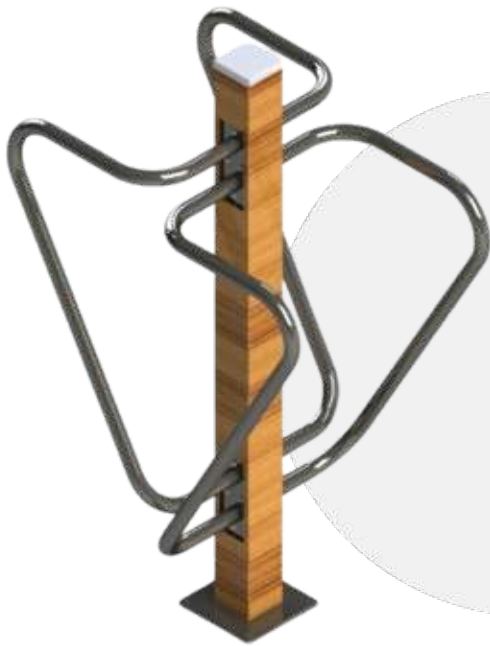
Product Area
6' x 1'7" x 2'6"



OGP-07
SURF BOARD



Product Area
2'1" x 2'8" x 4'6"



OGP-08
PUSH UP BAR

Product Area
3'4" x 3' x 5'7"



OGP-09
**BENCH WITH
FIXED WEIGHT**



Product Area
4'6" x 4' x 5'8"



OGP-10 SEATING & STANDING TWISTER



Product Area
5'4" x 17" x 4'5"



OGP-11 CYCLE



Product Area
5'4" x 1'8" x 5'2"



OGP-12 SKY WALKER



Product Area
6' x 3' x 5'6"



OGP-13 LEG STRETCHER



Product Area
2'2" x 2'2" x 5'1"



OGP-14 HORSE RIDER



Product Area
3'3" x 2'3" x 3'5"



OGP-15 ROWER



Product Area
4'3" x 3'4" x 2'9"



OGP-16 MULTIFUNCTIONAL TRAINER



Product Area
3'7" x 3' x 7'8"



OGP-17 PEC DECK

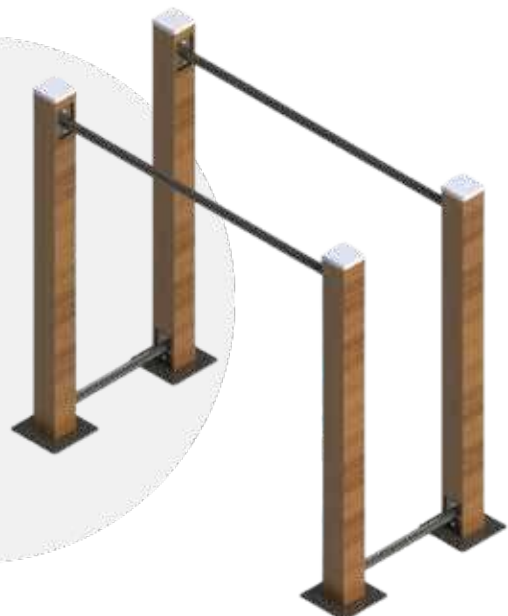
Product Area
6'10" x 4'2" x 6'3"



OGP-18 PARALLEL BAR



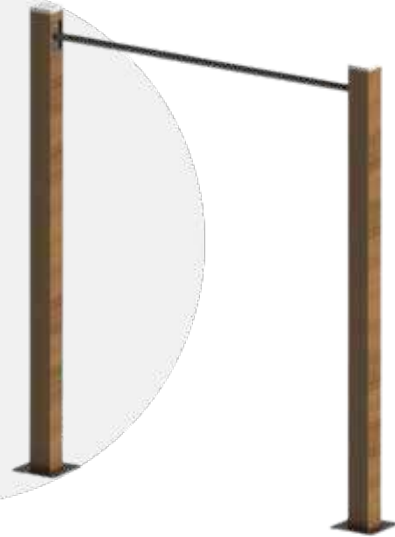
Product Area
6' x 4' x 6'3"



OGP-19 HORIZONTAL BAR



Product Area
7'8" x 17" x 9'2"



OGP-20 TEST RIG

Product Area
11'1" x 7'9" x 7'5"



The background of the image features a series of concentric circles in a light gray color, centered on a white background. The circles vary in opacity and thickness, creating a subtle, layered effect.

SINGLE USER PRODUCT



OGE-01 AIR WALKER

Low-Impact Exercise: Gentle on joints, reducing the risk of injury.
Cardiovascular Fitness: Improves heart health, endurance, and stamina.

Full-Body Workout: Engages upper and lower body muscles for comprehensive fitness.



Product Area
3'6" x 1'3" x 4'3"



OGE-02 CHEST PRESS

Upper Body Strength: Targets and strengthens the muscles in the chest, shoulders, and triceps.

Muscle Toning: Helps define and tone the chest muscles for a more sculpted appearance.

Functional Strength: Improves the ability to perform everyday activities that involve pushing motions.



Product Area
3'4" x 2'3" x 7'2"





OGE-03 SEATED PULLER

Upper Body Strength: Targets and strengthens the muscles in the back, specifically the latissimus dorsi.

Muscle Definition: Helps define and tone the muscles in the back, creating a more sculpted appearance.



Product Area
3'2" x 2'3" x 7'2"



OGE-04 SHOULDER BUILDER

Shoulder Strength: Targets and strengthens the muscles in the shoulders, including the deltoids.

Muscle Definition: Helps define and sculpt the shoulders for a more aesthetically pleasing appearance.



Product Area
3'2" x 1'6" x 6'1"





OGE-05 LEG PRESS

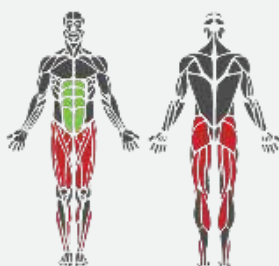
Lower Body Strength: Targets and strengthens the muscles in the legs, including the quadriceps, hamstrings, and glutes.

Muscle Toning: Helps tone and define the leg muscles for improved aesthetics.

Functional Strength: Enhances the ability to perform activities.



Product Area
3' x 1'3" x 5'1"



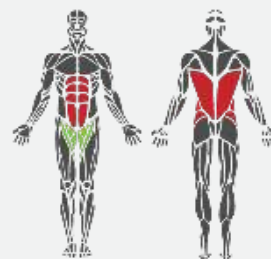
OGE-06 SIT UP BOARD

Core Strength: Targets and strengthens the muscles in the abdominal area, including the rectus abdominis.

Muscle Endurance: Improves endurance in the core muscles, essential for maintaining stability during various activities.



Product Area
6' x 1'7" x 2'6"





OGE-07 SURF BOARD

Balance and Stability: Surfboard exercises challenge your balance and stability, engaging core muscles and promoting overall body control.
Core Strength: The constant need to stabilize on the surfboard activates core muscles, contributing to abdominal and lower back strength.



Product Area
2'1" x 2'8" x 4'6"



OGE-08 STAIR STEPPER

Cardiovascular Fitness: Provides an effective cardiovascular workout, promoting heart health and improving endurance.

Lower Body Strength: Targets and strengthens the muscles in the legs, including the quadriceps, hamstrings, and calves.



Product Area
2'6" x 1'6" x 5'4"





OGE-09 PEC DECK

Chest Muscle Isolation: Targets and isolates the pectoral muscles, facilitating focused chest workouts.

Muscle Definition: Helps define and shape the chest muscles for a more sculpted appearance.

Balanced Chest Development: Complements other chest exercises.



Product Area
7'2" x 3'6" x 4'2"



OGE-10 TAI CHI SPINNER 2 WHEEL

Mind-Body Connection: Tai Chi involves mindful and slow movements, fostering a strong connection between the mind and body.

Stress Reduction: The slow, rhythmic movements promote relaxation and help reduce stress levels.



Product Area
4'3" x 1'6" x 3'6"





OGE-11 OUTDOOR SPIN BIKE

Cardiovascular Health: Cycling provides an excellent cardiovascular workout, enhancing heart health and improving endurance.

Calorie Burn: Aids in weight management by burning calories, making it effective for weight loss or maintenance.

Lower Body Strength: Targets and tones the muscles in the legs.



Product Area
4' x 1'7" x 3'3"



OGE-12 OUTDOOR RECUMBENT BIKE

Cardiovascular Health: Provides an effective cardiovascular workout, promoting heart health and improving overall cardiovascular fitness.

Calorie Burn: Supports weight management by burning calories, making it a valuable component of a weight loss or maintenance program.

Low-Impact Exercise: Seated cycling is gentle on the joints, making it suitable for individuals with joint concerns.



Product Area
4'6" x 1'8" x 3'3"





OGE-13 HORSE RIDER

Core Strength: Riding a horse engages the core muscles to maintain balance and stability while in the saddle.

Leg Strength: The leg muscles, including the quadriceps and inner thighs, are activated during riding, contributing to strength and toning.

Balance and Coordination: Horse riding requires a good sense of balance and coordination, enhancing these skills over time.



Product Area
3'3" x 2'3" x 3'5"



OGE-14 ROWER

Full-Body Workout: Engages multiple muscle groups, including the legs, back, arms, and core, providing a comprehensive workout.

Cardiovascular Fitness: Promotes heart health and improves cardiovascular endurance through rhythmic rowing movements.



Product Area
4'3" x 3'4" x 2'9"





OGE-15 CROSS TRAINER

Low-Impact Exercise: Offers a low-impact workout, making it gentle on the joints and suitable for individuals with joint concerns.

Cardiovascular Fitness: Provides an effective cardiovascular workout, improving heart health and endurance.

Full-Body Engagement: Engages both upper and lower body muscle groups.



Product Area
4'6" x 1'9" x 5'3"



OGE-16 BENCH WITH FIXED WEIGHT

Strength Training: Allows for targeted strength training exercises, focusing on various muscle groups.

Convenience: Fixed weights on the bench eliminate the need for additional equipment adjustments, providing a hassle-free workout experience.



Product Area
4'6" x 4' x 5'8"





OGE-17 PARALLEL BAR

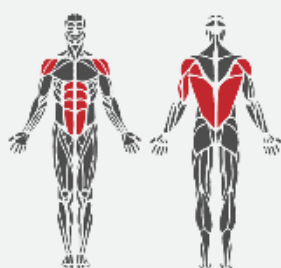
Upper Body Strength: Parallel bars allow for exercises like dips, which target the chest, triceps, and shoulders, contributing to upper body strength.

Core Engagement: Leg raises and knee raises on parallel bars engage the core muscles, promoting abdominal strength and stability.

Versatility: Parallel bars provide a versatile platform for a variety of bodyweight exercises.



Product Area
6' x 4' x 6'3"



OGE-18 HORIZONTAL BAR

Upper Body Strength: Excellent for building strength in the upper body, including the back, shoulders, and arms.

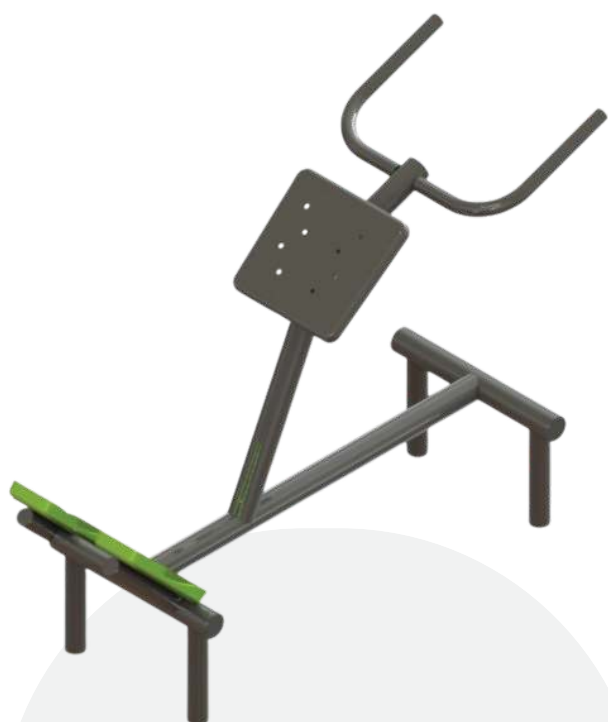
Versatility: Supports a variety of exercises such as pull-ups, chin-ups, hanging leg raises, and muscle-ups, providing a versatile workout.

Muscle Toning: Bodyweight exercises on the horizontal bar help tone and define muscles.



Product Area
7'8" x 1'7" x 9'2"





OGE-19 BACK EXTENSION

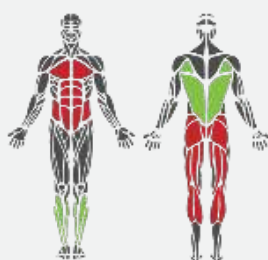
Lower Back Strength: Back extensions target the muscles in the lower back, helping to strengthen and tone this area.

Core Engagement: The exercise engages the muscles of the core, including the erector spinae, promoting core stability.

Improved Posture: Strengthening the lower back contributes to better posture.



Product Area
4'7" x 2' x 3'7"



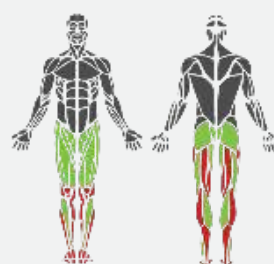
OGE-20 TREADMILL

Cardiovascular Health: Treadmills provide effective cardiovascular exercise, promoting heart health and improving endurance.

Calorie Burn: Running or walking on a treadmill helps burn calories, supporting weight loss or weight management.



Product Area
3'7" x 2'3" x 3'8"





OGE-21 LEG EXTENSIONER

Quadriceps Strengthening: Leg extension exercises primarily target the quadriceps muscles at the front of the thigh, promoting strength and muscle development.

Isolation of Muscles: The leg extension machine isolates the quadriceps, allowing for targeted and focused muscle work without engaging other muscle groups.



Product Area
17" x 16" x 3'5"



OGE-22 ARM & PEDAL BIKE

Dual Upper Body and Cardiovascular Workout: Combines arm exercises with paddle movements, providing a full-body workout that engages both the upper body and cardiovascular system.

Arm Strength and Toning: Targets the muscles in the arms, including the biceps, triceps, and shoulders, promoting strength and toning.



Product Area
5' x 17" x 4'3"





OGE-23 INVERSION MACHINE

Spinal Decompression: Inversion machines are designed to relieve pressure on the spine by allowing users to hang upside down, promoting spinal decompression.

Back Pain Relief: Inversion therapy may help alleviate back pain and discomfort by stretching and elongating the spine, potentially reducing pressure on nerves.



Product Area
6' x 3' x 4'9"



OGE-24 POLE WITH FIXED DUMBBELLS

Improved upper body strength: Shoulder builders target the deltoid muscles, as well as surrounding muscles such as the trapezius and rotator cuff, leading to increased overall upper body strength and stability.



Product Area
4'9" x 1'2" x 7'



OGE-25 SINGLE SKY WALKER

Cardiovascular Fitness: The Sky Walker provides a low-impact aerobic workout, helping to improve cardiovascular health without putting excessive stress on the joints.

Lower Body Strength: It targets the muscles of the lower body, including the legs, hips, and glutes, contributing to overall lower body strength and endurance.

Balance & Coordination: The equipment requires coordination to maintain a smooth, rhythmic motion, which helps improve balance and motor skills.




Product Area
6' x 3' x 5'6"



The background of the slide features a series of concentric circles in shades of light gray, centered on the page. The circles vary in opacity, creating a subtle, layered effect.

DOUBLE USER PRODUCT

OGE-26 CHEST PRESS



Product Area
6'10" x 2'2" x 7'2"



OGE-27 SKY WALKER



Product Area
6' x 3' x 5'6"



OGE-28 SEATED PULLER



Product Area
6'3" x 2'2" x 7'2"



OGE-29 STANDING & SEATING TWISTER



Product Area
5'4" x 1'7" x 4'5"



OGE-30 SHOULDER BUILDER

Product Area
3'3" x 3'1" x 6'1"



OGE-31 TAI CHI SPINNER 4 WHEEL



Product Area
4'4" x 3'7" x 5'3"



OGE-32 LEG PRESS



Product Area
6' x 1'3" x 5'1"



OGE-33 CHEST CUM SEATED PULLER



Product Area
6' x 2'2" x 7'2"



OGE-34 SURF BOARD



Product Area
4'3" x 2'9" x 4'6"



OGE-35 SIT-UP BOARD DOUBLE



Product Area
6'10" x 4'7" x 2'7"

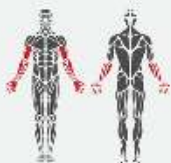


OGE-36 KNEE HIP RISER

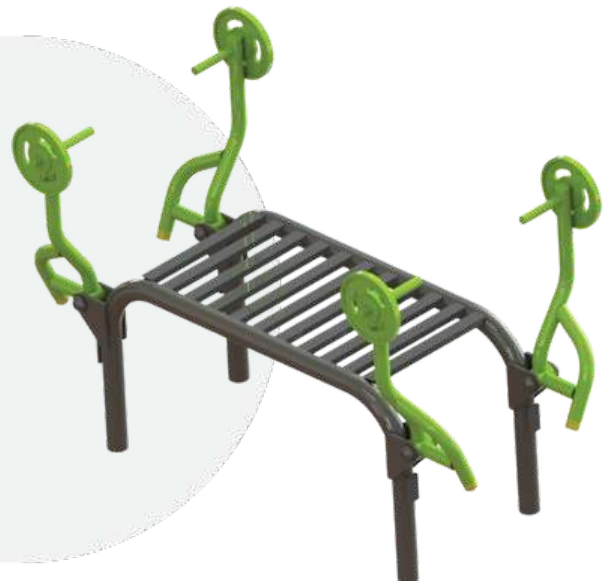
Product Area
3'7" x 3' x 7'8"



OGE-37 BENCH WITH FIXED DUMBBELLS



Product Area
5'3" x 4'1" x 3'



OGE-38 PUSH UP BAR



Product Area
3'4" x 3' x 5'7"



OGE-39 STAIR STEPPER



Product Area
3'2" x 2'7"



OGE-40 LEG STRETCHER



Product Area
2'2" x 2'2" x 5'1"



OGE-41 UNEVEN BAR



Product Area
4'1" x 1'8" x 11'



OGE-42 SURFING BOARD

Product Area
4' x 2'3" x 5'3"



OGE-43 POMELLO HORSE



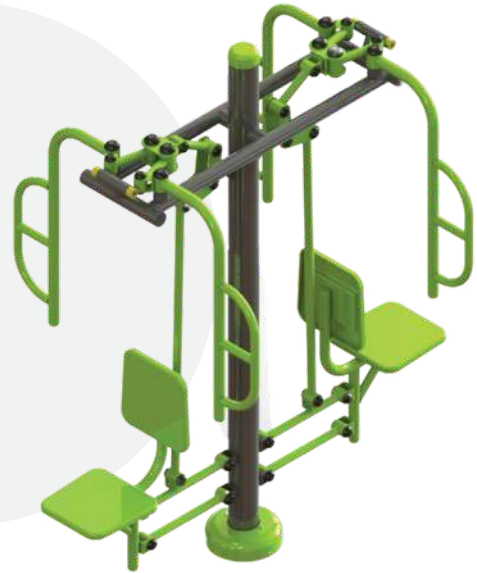
Product Area
7'10" x 2'3"



OGE-44
PEC DECK



Product Area
7'3" x 6'1" x 4'3"



OGE-45
AIR WALKER - DOUBLE



Product Area
7'8" x 1'2" x 5'



OGE-46
STEPPER CUM LEG PRESS



Product Area
4'7" x 5' x 2'7"



OGE-47 DOUBLE SEATING TWISTER



Product Area
4' x 31" x 5'9"

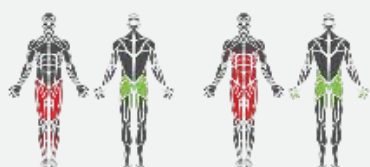


OGE-48 DOUBLE STANDING TWISTER

Product Area
4' x 31" x 5'9"



OGE-49 STEPPER CUM SURF BOARD



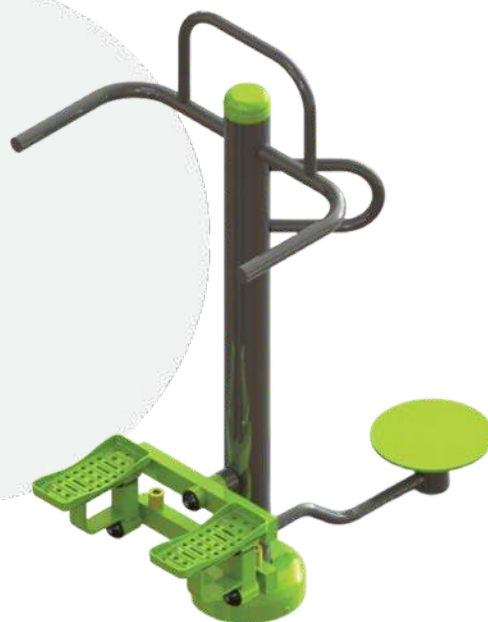
Product Area
5'7" x 3'8" x 2'8"



OGE-50 STEPPER CUM STANDING TWISTER



Product Area
4'3" x 5'1" x 2'8"



3 IN 1
COMBINATION

OGE-51
**SHOULDER BUILDER +
 AIR WALKER + LEG PRESS**



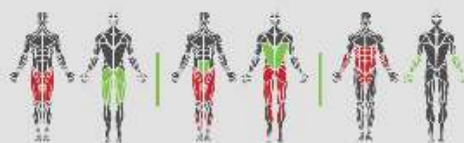
Product Area
 8'2" x 3'3" x 6'1"



OGE-52
**LEG PRESS + AIR WALKER
 + STANDING TWISTER**



Product Area
 8'8" x 1'7" x 6'1"



OGE-53
**LEG PRESS + AIR WALKER +
 SEATING TWISTER**



Product Area
 9' x 1'7" x 5'10"



OGE-54
**SHOULDER BUILDER +
 AIR WALKER + SURF BOARD**



Product Area
 7'6" x 3'3" x 6'1"



OGE-55
**SEATING TWISTER + AIR
 WALKER + STANDING TWISTER**



Product Area
 7'5" x 3'2" x 6'1"



OGE-56
**LEG PRESS + AIR WALKER +
 SURF BOARD**



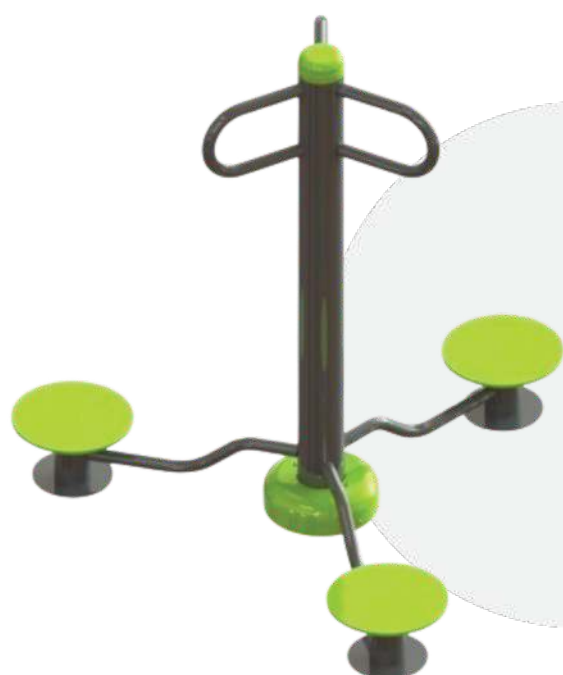
Product Area
 8'4" x 2'9" x 5'3"



OGE-57 SHOULDER BUILDER + AIR WALKER + STANDING TWISTER



Product Area
7'6" x 3'4" x 6'1"



OGE-58 TRIPLE STANDING TWISTER

Product Area
4'7" x 4'7" x 4'3"



OGE-59 TRIPLE SEATING TWISTER



Product Area
4'1" x 4'1" x 4'7"



OGE-60 ASSISTED CHIN UP



Product Area
4'7" x 4'7" x 8'2"



OGE-61 BODY ROTATOR



Product Area
5'7" x 5'7" x 7'



The background of the image features a series of concentric circles in a light gray color, centered on a white background. The circles vary in opacity and thickness, creating a subtle, layered effect.

MULTISTATION GYM

OGE-62

4 STATION GYM

1) Chest Press



3) Surf Board



2) Seating Twister



4) Leg Press



Product Area
7'6" x 6' x 7'3"

OGE-63

5 STATION GYM

1) Seated Puller



4) Surf Board



2) Seating Twister



5) Leg Press



3) Standing Twister

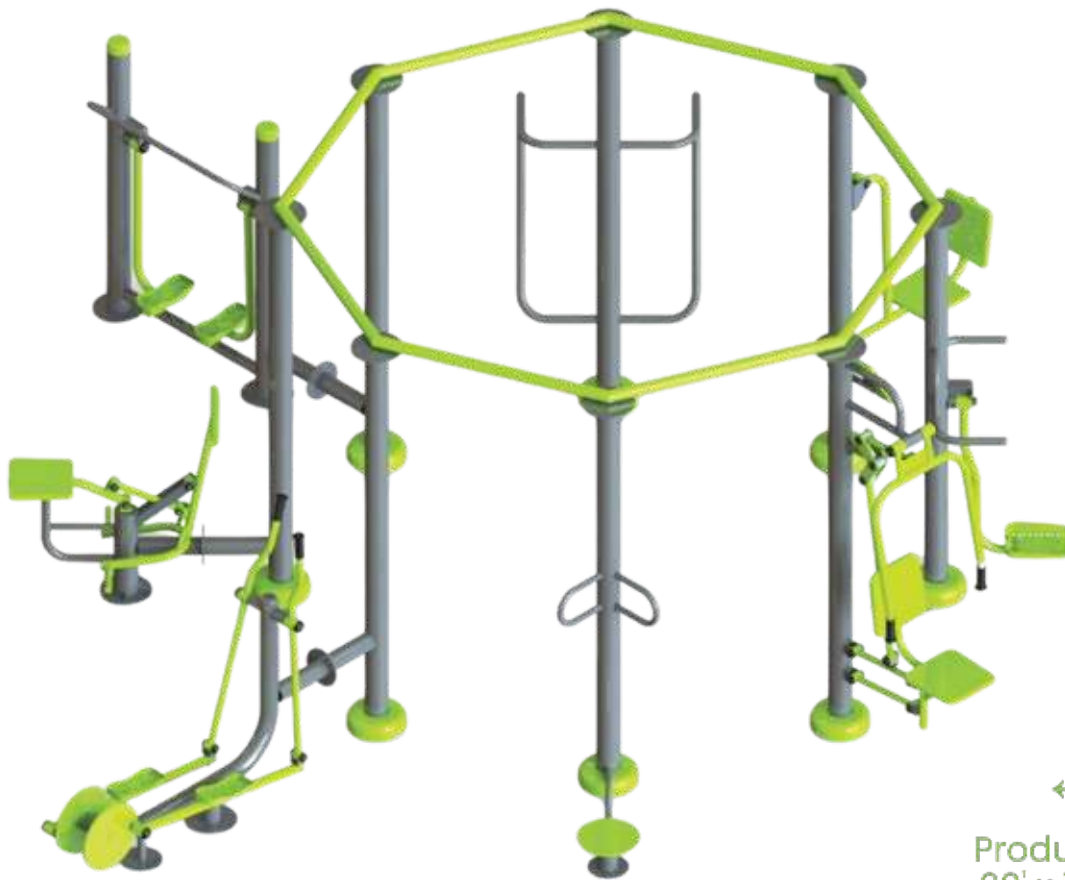


Product Area
6'9" x 6'8" x 8'6"



OGE-64

8 STATION GYM



Product Area
20' x 19' x 7'6"

1) Cross Trainer



2) Push Up Bars



3) Horse Rider



4) Air Walker



5) Standing Twister



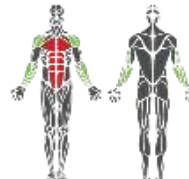
6) Leg Press



7) Surf Board



8) Chest Press



FORGE SERIES



PL 01

Rowing Machine



PL 02

Chest Press



PL 03

Lat Pull Down



PL 04

Leg Extension



PL 05

Pec Deck



PL 06

Shoulder Press



PL 07

Squat Machine

ACCESSORIES

COMPONENTS

Stainless Steel:



Top Cap - SS



Bearing Cap - SS

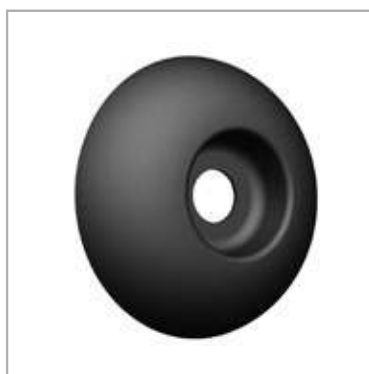


Foundation Cover - SS

Plastic:



Top Cap - Plastic



Bearing Cap - Nylon



Foundation
Cover - Plastic

STICKER PLATE

SS Plate:



160 x 90mm



230 x 150mm

FOOTREST & HANDGRIP

Footrest:



Aluminium Footrest



Plastic Footrest

Handgrip:



Rubber Grip

FOUNDATION



J Bolt Foundation



Base Foundation Frame



Foundation Stand



OUR SERVICES

Outdoor and indoor play equipments | Outdoor and indoor gym equipments | Educational toys

 4TH GATE BUILDING ,CHEROOTY ROAD
KOZHIKODE - 673032

 +91 75111 82894

 helixiusdealers@gmail.com